

CORC Forum 2024

Thursday 21 November, 9.30am to 1pm

<p>9.30 - 9.35</p>	<p>Welcome and introduction</p> <p><i>Kate Dalzell, Head of Evidence-Led Improvement, Anna Freud</i></p>
<p>9.35 - 10.15</p>	<p>Emotional triggers and associated burdens experienced by adolescent school pupils with diagnoses of ADHD, autism or both</p> <p><i>Dr Georgia Pavlopoulou, Strategic Co-Lead and Programme Director, Anna Freud and University College London</i></p> <p>Georgia will explain the importance of a neurodiversity affirming and informed approach to measuring emotion regulation in neurodivergent students and the concept of resilience, and report on the development of a new self-report questionnaire co-designed with young people with a diagnosis of autism and/or ADHD - the <i>My Emotions in School Index (MESI)</i>.</p>
<p>10.15 - 10.35</p>	<p>Developments from the Child Outcomes Research Consortium</p> <p><i>Nick Tait, Programme Manager, CORC, Anna Freud</i></p> <p>Nick will consider and explore the latest research and innovation in understanding and improving child and youth mental health outcomes from across the CORC network and beyond.</p>
<p>10.35 - 11.05</p>	<p>Why young people get involved in mental health research: lessons from the recent projects</p> <p><i>Rachael Stemp, Participation in Research Officer, CORC, Anna Freud</i></p> <p>Rachael will lead a discussion alongside peer researchers and young research advisory group members to explore what meaningful participation means in the context of mental health.</p> <p>Drawing on examples from the Kailo project, the discussion will consider what motivates young people to get involved in participation, and what matters to them.</p>

11.05 - 11.20	BREAK
11.20 - 11.50	<p>Learning from #BeeWell in Greater Manchester; using data to inform regional systems and make young people’s wellbeing everybody’s business</p> <p><i>Francesca Speakman, #BeeWell Programme Manager, Greater Manchester Combined Authority</i></p> <p>Fran will share how #BeeWell insights, alongside other intelligence, is forming priorities and strategies in Greater Manchester, mobilising the regional system to make young people’s wellbeing, everybody’s business.</p>
11.50 - 12.20	<p>“Multiple and complex” - the journey of developing a new outcomes framework at Barnardo’s</p> <p><i>Sohila Sawhney, Senior Manager - Research and Evaluation, Barnardo’s</i></p> <p>Barnardo’s is one of the oldest and largest children’s charities in the UK. Providing around 800 services in pursuit of the mission to “change childhoods, change lives” the charity reaches some 350,000 children, young people and families every year. In this session, Sohila will set out the key challenges, opportunities and lessons learned in leading the organisation on a journey to being able to measure and communicate the difference we make, by designing, developing and implementing a new outcomes framework.</p>
12.20 - 12.50	<p>Belonging, connectedness and school attendance</p> <p><i>Roisin McEvoy, Head of Schools Training and National Programmes, Anna Freud</i></p> <p>This session will include:</p> <ul style="list-style-type: none"> • Discussion of the relationship between emotions, wellbeing and mental health and attendance at school; • The evidence about school non-attendance and school connectedness; • The role of school culture, systems and staff in helping children feel safe and happy to attend.
12.50 - 1.00	Closing comments