

CORC Forum 2023

Tuesday 21 November, 09:30 to 13:30

09:30 - 09:35	<p>Welcome and introduction</p> <p><i>Kate Dalzell, Head of Evidence-Led Improvement, Anna Freud</i></p>
09:35 - 10:05	<p>Unravelling Traumatic Events: Minimising their impact through evidence-based understanding and intervention</p> <p><i>David Trickey, Co-Director, UK Trauma Council and consultant clinical psychologist</i></p> <p>David will briefly describe the cognitive model of PTSD and summarise the evidence that supports it as a valid way to explain how traumatic events affect children and young people. He will also present the psychometric properties of a brief measure of PTSD and discuss the evidence for trauma-focused CBT.</p>
10:05 - 10:25	<p>Developments from the Child Outcomes Research Consortium</p> <p><i>Nick Tait, Programme Manager, CORC, Anna Freud</i></p> <p>Nick will consider and explore the latest research and innovation in understanding and improving child and youth mental health outcomes from across the CORC network and beyond.</p>
10:25 - 10:50	<p>Reducing parental conflict - the evidence base and outcomes work.</p> <p><i>Bethan Le Maistre, Senior Local Development Adviser, Foundations - What Works Centre for Children and Families</i></p> <p>Bethan will focus on the evidence base around reducing parental conflict and in particular the relationships between risk factors associated with harmful conflict between parents, and a range of outcomes from exposure to parental conflict affecting children at all ages.</p>
10:50 - 11:15	<p>BREAK (with optional networking session)</p>

11:15 - 11:40	<p>Ethnic differences in treatment outcome for children and young people accessing mental health support</p> <p><i>Shade Davies, Assistant Psychologist, Anna Freud</i></p> <p>Shade will focus on recent research findings based on CORC data, exploring associations between ethnicity and children and young people’s reports of measurable change in mental health difficulties, their views and experiences of ending mental health support, with suggested areas for future consideration.</p>
11:40 - 12:05	<p>Understanding and addressing the challenges of outcome measurement associated with differences in culture</p> <p><i>Rachael Grant, Regional Improvement Officer, CORC, Anna Freud</i></p> <p>Rachael will explore how services and practitioners can address some of the challenges to meaningful outcome measurement associated with differences in culture, sharing good practice and resources from our recent guidance.</p>
12:05 - 12:30	BREAK (with optional networking session)
12:30 - 12:55	<p>SWEDA: Measuring Impact in a Specialist Charity Setting</p> <p><i>Nerissa Shaw, Clinical Lead, Somerset and Wessex Eating Disorder Association (SWEDA)</i></p> <p>SWEDA has grown substantially over the last few years. Their clients have always let them know that the work they do helps them but, with further growth, came the need to demonstrate their impact in a language that funders and partners, such as the NHS, could also understand. This talk is about their journey to produce that data.</p>
12:55 - 13:20	<p>Using digital tools to support best practice in outcome measurement</p> <p><i>Sally Marriott, Pod Manager, Anna Freud</i></p> <p>Pod provides a solution to streamline the collection and analysis of outcome and feedback data so that it works at both a clinical, team and service level. Sally will demonstrate how a digital tool such as Pod can support best practice in outcome measurement, and what direction the development of Pod is taking.</p>
13:20 - 13:30	Close

New for 2023!

During breaks in the agenda, attendees are invited to come together for **optional networking opportunities**. This **new feature** will provide an opportunity and informal space for colleagues to share their experiences, exchange ideas and examples of best practice, and reflect on how the sessions delivered so far may influence or impact their own thinking and practice.